



# 100 YEARS OF SERVING THE COMMUNITY



Dear Bethany Home Community,

I am grateful for the opportunity to have served the residents of Bethany Home throughout 2023, including our centennial anniversary. What truly sets Bethany Home apart is the sense of community that thrives within these walls. It's the impromptu conversations after a meal or over a cup of coffee, the genuine concern for one another's well-being, and the overall kindness that make this place feel like a second home to so many.

As we step into a new year, we are presented with the opportunity for fresh beginnings. What new opportunities are you looking forward to? Perhaps you'll engage in more activities with others, be more active in our wellness center, or perform more acts of kindness. The greatest new beginning, as always, is the fresh start provided to us by Christ our Lord. The new year often has me setting a new year's resolution, and many times by the end of January, I feel disappointed because I haven't fulfilled my resolution.

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness." Lamentations 3:22-23

**JANUARY 2024**

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This truth allows us to wake up each day with a renewed sense of purpose and a fresh outlook on life. We are assured that the Lord grants us the hope of knowing that when the sun rises, we are given a new beginning, regardless of how we may have fallen short the day before. As you awaken each day, remember that it is a new opportunity to continue spreading kindness in this world.

I hope each of you has a joyful and healthy New Year!

Sue Westmark, RN, BSN-LNHA  
Administrator  
Phone: [563-556-5233](tel:563-556-5233)

## *Birthdays & Anniversaries*

### JANUARY RESIDENT BIRTHDAYS



Shirley McCullough - January 2  
Chuck Sieverding - January 2  
Ruth Kramer - January 4  
Patsy Swailes - January 5  
Doug Miller - January 8  
Betty Conway - January 19  
Mike Elliot - January 21  
Vi Elliot - January 21  
Beverly Tippe - January 23  
Elaine O'Toole - January 23  
Doris Tomter - January 24  
Dennis Gottschalk - January 26  
Marilyn Hughes - January 27  
Rachel Avenarius - January 28  
Marge Herrig - January 28



### JANUARY STAFF BIRTHDAYS



Rob Bauer - January 9  
Heather Haas - January 12  
Lil Dryer - January 13  
Carissa Downs - January 15  
Bonnie Gutierrez - January 22  
Amari Gatlin - January 25  
Stephanie Lohberg - January 27  
Amber Hillery - January 28



### JANUARY STAFF EMPLOYMENT ANNIVERSARIES



Lexie Birch - January 2 (1 year)  
Karly Cerda - January 3 (1 year)  
Amber Hillery - January 4 (3 years)  
Shane Vargas - January 10 (2 years)  
Debbie Jackson - January 11 (3 years)  
Kathy Payne - January 14 (6 years)  
Joann Pregler - January 17 (2 years)  
Maggie Gall - January 25 (1 year)  
Natalie Breen - January 26 (3 years)  
Jacob Harle - January 31 (10 years)

### JANUARY RESIDENT ANNIVERSARIES



Bob and Joan Valentine - January 7

# JOKE

**OF THE MONTH**

A retired man volunteered to entertain a group of seniors in an assisted living complex. After telling jokes, singing, and playing on his portable keyboard he went to each of the residents to say goodbye. As he approached an elderly lady with a broke leg he graciously said, "I hope you get better soon." She replied, "I hope you do, too!"

# This Month at Bethany Home



Help us welcome our newest residents!

Marlene Troy  
Delores Stillmunkes  
Madonna Kramer  
Sharon Hamel  
Carol Engelby

## Thank You

Cathy Loecke for the Bingo prizes.

Hills & Dales, University of Dubuque & Audubon Elementary for the Christmas cards for the residents.

Carnegie Stout Library for bringing in a variety of books to Bethany Home each month.



## With Deepest Sympathy

Our Sincere Sympathy to the Family and Friends of:  
Mary Ellyn Jensen

In Memory of:

Carol Becker from Lynn LeBlanc, Matthew Ferris, Dean & Susan Fair, Eric & Linda Lucy, Laurie Paulsen, Mark & Teresa Fitzjerrells, Francis & Julie Murray, Kevin & Sharlene Kline, David & Amy Becker, John & Linda Wallrich, Kevin & Barbara Kehl, Greater Dubuque Development Corporation

Mary Ellyn Jensen from Rachel Gerber, Jerome & Nan Welch



## CARE CONFERENCE SCHEDULE

January 4  
244-P.E.  
223-D.O.  
214-V.L.

January 11  
218-M.J.T.  
M-8-P.S.  
242-G.H.  
213-M.L.K.  
207-D.M.  
216-I.D.  
208-D.M.

January 18  
238-M.C.  
M-12-J.G.  
243-M.A.H.  
225-E.G.  
250-J.G.

January 25  
No Care Conference

February 1  
236-L.H.  
254-L.N.  
230-M.N.  
241-M.M.  
224-M.D.  
211-S.S.B.

## Out and About & Special Programs

- January 2: 9:30 a.m. - Shopping at Walgreen's (Apartment Residents)
- January 10: 12 p.m. - Tony Roma's Dine-In (Healthcare Residents)
- January 16: 12 p.m. - Tony Roma's Dine-In (Apartment Residents)
- January 26: 11 a.m. - Music and Sack Lunch at St. Lukes (Apartment Residents)

