

B BETHANY HOME
quality living. exceptional care.



100 YEARS OF SERVING THE COMMUNITY



Mission

Bethany Home excels as a nonprofit retirement community that provides quality living and exceptional care while serving individuals 60 years and older of all faiths.

Vision

We are committed to providing our residents with integrity, compassion, well-being, and security in a homelike environment.

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Dana Klein
Activities Supervisor

C.C. Campbell
Wellness Director

DEAR FRIENDS OF BETHANY HOME,

This year has marked the 100th anniversary of Bethany Home providing quality, compassion, and security for our cherished seniors. On behalf of myself and our board of directors, I hope you enjoy reading through our history and learning more about the level of quality care provided by our talented team. It is because of you, our community, that Bethany Home has thrived for 100 years, and with your continued support, we will continue to thrive for many more to come.

Founded in 1923, Bethany Home has grown and evolved over the years, but our unwavering commitment to our mission and vision has remained steadfast and continues to inspire us daily. Throughout our history, we have witnessed heartwarming stories, shared countless smiles, and made lifelong connections with the incredible individuals who have graced us with their presence. Our residents, staff, and supporters have become a part of the Bethany Home family, and together, we have created a legacy of love, compassion, and care.

As we celebrate our centennial, we are not only looking back on our rich history but also looking forward to the future with great anticipation. Bethany Home remains dedicated to providing the highest quality of care and support to our beloved seniors. We are continuously striving to enhance our services, innovate our programs, and create an even more welcoming and nurturing environment for all who call Bethany Home their home.

We want to take this opportunity to express our deepest gratitude to our incredible community and generous donors. Without your support, none of our achievements over the past century would have been possible. Your kindness, generosity, and commitment to our mission have been a driving force behind our success.

Warm regards,



Sue Westmark

Sue Westmark, RN, BSN – LNHA
Administrator
Bethany Home

LEVELS OF CARE

Independent Living

At Bethany Home, we understand the importance of maintaining independence as we age. That's why our independent living services are designed to provide seniors with the opportunity to live their lives to the fullest, without the worries and burdens of everyday maintenance, housekeeping, or security.

The health and well-being of those we serve is our top priority. We offer a variety of dining options to cater to individual preferences, ensuring that our residents can enjoy delicious and nutritious meals every day. Our transportation services make it easy for them to run errands and visit their favorite places, allowing each person to maintain an active and fulfilling lifestyle.

Staying physically and mentally active is important for overall well-being, and that's why we provide a range of daily activities for our residents. Whether it's a group exercise class, a stimulating discussion group, or a creative arts session, there's something for everyone. Our goal is to keep minds and bodies engaged and thriving.

In terms of accommodation, independent living residents enjoy the privacy and comfort of a luxurious one- or two-bedroom apartment. These apartments feature a kitchenette which includes, a microwave and full-size refrigerator, a bright and spacious living area, one or two bedrooms and a private bathroom with shower.

But independent living at Bethany Home is not just about the physical space and amenities. It's about the community and the vibrant social life that our residents create together. Our residents shape the social, cultural, and intellectual life of our community, making it a truly unique and enriching place to live. The possibilities for social activities, events, and wellness programs are endless, giving those we serve the opportunity to build new friendships and create lasting memories.

History

1920



Bethany Home is the result of a dream, held by a man who never lived to see it fulfilled. In the summer of 1920 the Reverend A. Krebs, pastor of Presbyterian Church in Galena, Illinois made plans to establish a home for the aged in Galena. As a member of the Synod of the West of the Presbyterian Church U.S.A., he felt the need for a pleasant home for elderly people under the sponsorship of a church body.

Reverend Krebs passed away shortly before he could submit his proposition to the Synod, but not before he had planted the idea. The cause was then championed by Dr. William C. Laube, who was instrumental in Bethany's beginning.

The generosity of the family of the late Christian Loetscher resulted in the present site and buildings of Bethany home. The attractive well-appointed family home was given to the Synod of the West for the purpose of establishing a home for the aged.



Healthcare

Healthcare Services play a vital role in the care and well-being of individuals at Bethany Home. As a dually certified facility, we offer two levels of care, skilled nursing and nursing care. Our nursing services provide around-the-clock care for individuals who are unable to care for themselves in an independent manner. Our facility currently offers 54 private rooms with en suite bathrooms and dedicated 24-hour care.

At Bethany Home, we understand the importance of maintaining dignity and independence while ensuring the safety and well-being of our residents. Bethany Home partners with Millennium Therapy to provide a personalized therapy plan for our long-term care residents and a customized rehabilitation plan for our post-acute care residents to get them back on their feet. Our dedicated healthcare professionals are trained to provide assistance with activities of daily living, such as bathing, grooming, dressing, and eating. We understand that medication management is crucial, which is why we ensure the proper dispensing of prescribed and over-the-counter medications. We also provide transportation services to and from medical appointments, ensuring that our residents have access to the necessary healthcare services.

Bethany Home was formally opened. A board of trustees was selected and Dr. Laube was named the first president. Serving as first superintendent and first matron were Reverend and Mrs. J.G. Kessler of Sutter, Illinois. The home was able to have only ten people at this time.

NOVEMBER 1
1923



1926



Dr. and Mrs. Laube became superintendent and matron in 1926 upon the resignation of the Kessler's and when Dr. Laube accepted an appointment of professor of Church History at the University of Dubuque Theological Seminary. He and Mrs. Laube were succeeded by Reverend and Mrs. O.H. Frerking. Dr. Laube continued his role as president of the board of trustees until his death in 1944.

LEVELS OF CARE

Memory Care

Bethany Home's Memory Care Unit offers a specialized and comforting environment for individuals with dementia. With twelve fully equipped private rooms, residents are provided with a personal space to call their own. The dedicated staff members at the unit are specially trained to cater to the unique needs of those with dementia, ensuring a low-stimulus environment that promotes a calm and quiet atmosphere.

One of the key aspects of the memory care services at Bethany Home is the constant staff interaction specific to each resident's interests. This personalized approach ensures that residents receive individual attention and engagement, enabling them to stay active according to their own potential.



Joan Hoerner, LBSW
Social Worker/Admissions

"At Bethany Home, we are humbled by the opportunity to provide care for our residents. It is through the collective efforts of our staff, volunteers, and community that we can uphold our commitment to ensuring the highest level of comfort and quality care for those entrusted to our care.

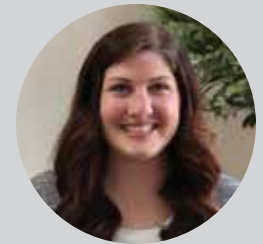
By fostering a culture of empathy and compassion, our team creates a warm and nurturing environment where residents feel valued and respected. Through personalized attention, engaging activities, and meaningful connections, we aim to enhance the lives of our residents, promoting a sense of fulfillment and joy in their daily experiences."



Shannon Brimeyer, RN
Director of Nursing,
Infection Preventionist



Lil Dryer, RN
MDS Coordinator



Sierra Gaul, RN
Director of Nursing

1929

There were many renovations and additions throughout the years. The dedication of the "cottage" took place in 1929.

1931

A major renovation of the main building, dining hall, and spacious sun porch took place.

1933



An addition to the main building was made to provide an apartment for the superintendent and matron.



JOIN OUR
Mission

Your support allows us to ensure that seniors have access to a comfortable and safe environment where they can embrace their independence.

Peg, 100 Years Old - Independent Living

1941

1948

Reverend and Mrs. Arthur F. Rumbaugh are appointed superintendent and matron of Bethany Home.

1950

MAY 7
1960

Plans were made and executed for an annex building, resulting in the capacity for fifty people.



The Cottage and the Main Building were joined together by the Sun Room and dedicated in 1950.

A \$110,000 addition of a solarium and recreation room were completed and dedicated.

SERVICES AND AMENITIES

Wellness

As we age, it becomes even more crucial to prioritize our physical well-being. At Bethany Home, we understand the importance of staying active and maintaining a healthy lifestyle, which is why we offer a variety of complimentary wellness services to our residents, their families, and staff.

One of the key benefits of regular physical activity is its ability to help prevent falls and injuries, a leading cause of harm in individuals over the age of 75. Through daily strengthening and flexibility exercises, we can improve balance and coordination, reducing the risk of accidents. Studies have also shown that physical activity in older adults plays a pivotal role in managing health issues.

Engaging in regular exercise has a multitude of advantages. It not only boosts energy levels but also helps to maintain independence and manage symptoms of illness or pain. Furthermore, exercise has the potential to reverse some of the symptoms associated with aging. Additionally, it is not just beneficial for the body; exercise also promotes a healthy mind, mood, and memory.

Activities



In addition to wellness, we offer a variety of activities including bingo, bridge, arts and crafts, movies, and even happy hour theme events like “Margaritaville Night” to give residents the opportunity to connect.

Spiritual well-being is also a priority at Bethany Home. We offer Catholic mass, Ecumenical services, bible study sessions, and rosary to cater to our residents’ spiritual needs.

We believe that staying engaged and active is essential for overall well-being. As we continue to provide these valuable services, we rely on the support of our generous donors.

1963

Reverend and Mrs. Gideon J. Krein are appointed superintendent and matron of Bethany Home.



1971

Paul and Patricia Gabrielson became the first licensed nursing home administrators of Bethany Home. Patricia remained in the role until her retirement in 1993.

Patricia became a Bethany Home resident until her death in 2019.

1975

Construction began on the \$3 million addition, doubling the homes occupancy. This consisted of the construction of the second-floor nursing facility, which is licensed by the State of Iowa.

1983

Bethany Home celebrated its 60th anniversary with a week of community events.

Food Service

Food service quality and variety play a crucial role in ensuring the wellbeing and satisfaction of those living at Bethany Home. As individuals age or face health challenges, their nutritional needs become even more vital. Warm, delicious meals are served for breakfast, lunch, and dinner, with snacks provided throughout the day.

Offering high-quality and nutritious meals is essential for maintaining good health, promoting faster recovery, and enhancing overall quality of life. Providing a variety of food options is equally significant as it caters to the diverse tastes and preferences of the residents, ensuring their enjoyment of the dining experience. Incorporating a range of flavors, textures, and cultural dishes not only adds excitement to their meals but also promotes a sense of familiarity and comfort.

Additionally, food service quality and variety also contribute to the social aspect of life at Bethany Home. Shared mealtimes provide opportunities for social interaction, fostering a sense of community and connection among residents. When the food is delicious and varied, it becomes a point of conversation and creates a pleasant atmosphere for residents to gather and engage with one another. Quality meals can also evoke pleasant memories and provide a sense of nostalgia, sparking conversations and creating a warm and inviting environment within the facility. Overall, the importance of food service quality and variety at Bethany Home cannot be overstated as it directly impacts the physical and emotional wellbeing of its residents, fostering a sense of belonging.



C.C. Campbell
Wellness Director



Dana Klein
Activities Supervisor



JoAnn Schmidt, CDM
Dietary Supervisor

1993



1994-
1999

Mr. Edward Molitore (above) gifted the Bethany Home the Molitore Room which complimented the renovation of the lower-level meeting room.

Mrs. Glinda Manternach took the role of nursing home administrator following Mrs. Patricia Gabrielson's retirement.

Constant renovations ensued in the mid to late nineties. The cottage was updated, all independent rooms were renovated to allow for private bathrooms, and a ramp was installed to allow residents with walkers to occupy the first-floor cottage rooms.

2002

The original Loetscher house was taken down along with the cottages to start building our 2003 building which would give each resident on our healthcare floor their own private room and bathroom.

SERVICES AND AMENITIES

Groundskeeping

Groundskeeping and maintenance play a crucial role in ensuring the overall safety, comfort, and aesthetics of Bethany Home. Regular grounds maintenance, such as mowing the lawn, trimming trees and shrubs, and maintaining flower beds, not only enhances the visual appeal of the surroundings but also promotes a peaceful and inviting atmosphere. Well-maintained outdoor spaces provide residents with opportunities for relaxation, socialization, and engagement with nature, which are vital for their overall quality of life.

In addition to aesthetics, groundskeeping and maintenance at Bethany Home are essential for ensuring the safety and accessibility of the property. Regular inspections and repairs of pathways and outdoor amenities help prevent accidents and injuries, particularly for those with limited mobility or physical disabilities.

Housekeeping/Laundry

Quality and timely housekeeping and laundry services are of utmost importance at Bethany Home as they directly impact the cleanliness, comfort, and overall well-being of its residents. A well-maintained and tidy living space not only promotes a sense of pride and satisfaction but also helps prevent the spread of germs and infections. Regular cleaning of common areas, such as hallways, dining areas, and shared bathrooms, ensures a hygienic environment, reducing the risk of illnesses and maintaining a high standard of cleanliness that residents deserve.

Prompt laundry services play a crucial role in providing residents with fresh linens and clothing, which are essential for their comfort and personal hygiene. By ensuring that these services are of high quality and provided in a timely manner, Bethany Home is catering to the individual needs of each resident, creating a welcoming and comfortable environment.



Sherry Buxton
Bookkeeper



Larry Middleman
Maintenance Supervisor



Sue Nadermann
Housekeeping/Laundry
Supervisor

2003

Twenty-four new apartment settings and 17 new nursing facility rooms were constructed, making Bethany Home the first nursing facility in Dubuque to offer all private rooms to residents.

2011



In September, the latest addition to Bethany Home was revealed. This three-story structure featured a 15-stall garage on the first floor, a memory care unit with dedicated activity room, and a spacious exercise area complete with a 1/10 th mile walking track and exercise machines monitored by security cameras for safety.

2014

Garage was built on Farley Street to house our 14-passenger bus and van.



Thank you

For 100 years Bethany Home has flourished as a non-profit organization. Our donors and our community have always played a crucial role in supporting our residents. Your generous contributions enable us to provide high-quality care, create engaging programs, and maintain our beautiful facility. Your support allows us to ensure that seniors have access to a comfortable and safe environment where they can embrace their independence.

This year, we ask for your support in helping us to enhance our resident safety measures with the purchase of a top-notch communication technology system which includes wireless pendant call lights for the residents and wearable voice-controlled communication devices for the employees. This will allow residents and staff to receive assistance throughout our building, decreasing falls, and improving safety and resident satisfaction. The addition of this innovative technology will not only improve communication among our team but also enhance the overall quality and speed of care delivery.

We invite you to join us in this important initiative by making a donation. Your support will allow us to equip our staff with the necessary tools to continue delivering compassionate care while keeping them and our residents safe. Together, we can ensure that Bethany Home remains at the forefront of providing the highest standards of care for another century.



Scan the QR Code or visit bethanyhomedubuque.org/donate to make your gift online.

2015



2023



Bethany hosted the monthly Chamber of Commerce Business After Hours event for our 100th-year Anniversary which included a ribbon cutting ceremony.

Susan Westmark, former director of nursing at Bethany Home from 2003-2015, took the role of nursing home administrator when Glinda Manternach retired after 22 years as administrator.

Completion of second floor renovation of hallway doors, flooring, wall covering, dining, room, nurses' station, medication room, and break room. Renovation of resident's room 201 (above) as a model room.





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Questions?

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