



100 YEARS OF SERVING THE COMMUNITY

APRIL 2024 IN THIS ISSUE

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Dear Bethany Home Community,

As we embrace the beautiful spring season at Bethany Home, I am reminded of the words of Martin Luther King, Jr., "Everybody can be great. Because anybody can serve." These profound words remind us that greatness is not defined by degrees or expertise but by the willingness to serve others with a heart full of grace.

Here at Bethany Home, our volunteers embody this spirit of service, enriching the lives of our residents and enhancing our community. As Volunteer Week (April 21-27) approaches at the end of this month, we are excited to extend an invitation to all who are able to donate their time and join our growing group of volunteers.

There are countless opportunities to make a difference right here at Bethany Home. From assisting with activities and outings to simply spending time chatting with residents, your presence and kindness can brighten someone's day in immeasurable ways.

As we look forward to the warmer weather and the blossoming of new beginnings, I encourage you to consider how you can contribute to our community through volunteering. Together, let's continue to foster a culture of compassion, connection, and care at Bethany Home.

Thank you for your continued support.

Warm regards,
Sue Westmark, RN, BSN-LNHA
Administrator
Phone: 563-556-5233

April 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|---|
| <p>7 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C</p> | <p>8 2nd Floor: 9-10 Gift Shop Cart 11:00 Rosary A 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C</p> | <p>9 2nd Floor: 11:00 Chair Exercise HC1 11:00 Boss Toss HC2 1:30 Farkle A 3:15 Jingo A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bible Study Mol. 3:30 Rosary C</p> | <p>10 2nd Floor: 11:00 Sticman Word Game A 1:30 Bowling A 3:15 Music with Terry A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 2:30 Bingo ADR 3:30 Rosary C</p> | <p>11 10:15 Mass with Fr. Mescher C 2nd Floor: 11:00 Boss Toss HC1 1:30 Chair Volleyball A 3:15 Craft: Ping Pong Light A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bridge 3FL 3:30 Rosary C 4:00 Happy Hour LL</p> | <p>12 9 AM Shopping (Wal-Mart) 2nd Floor: 11:00 Yachtzee A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 12:00 Happy Joes Dine-in 1:30 Will Bowling E 3:30 Rosary C</p> | <p>13 2nd Floor: 11:00 Trivia & Jokes HC1 1:30 Sing Along A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p> |
| <p>14 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C 1:30 Worship with Arbor Oaks Bible Church C</p> | <p>15 2nd Floor: 9-10 Gift Shop Cart 11:00 Rosary A 3:00 Bingo A Apt: 9:30 Exercise E 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C</p> | <p>16 Wagon Popcorn 2nd Floor: 11:00 Chair Exercise HC1 11:00 Noodle Ball HC2 1:30 Farkle A 3:15 Card Bingo A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bible Study Mol. 3:30 Rosary C 5:30 Banana Splits LL</p> | <p>17 2nd Floor: 11:00 ABC Game A 1:30 Giant Kickball A 3:15 Birthday Party A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C</p> | <p>18 10:15 Mass with Fr. Mescher C 2nd Floor: 11:00 Noodle Ball HC1 1:30 Chair Exercise HC2 1:30 Crazy 8's A 3:15 Cooking Demo: Spring Cupcakes A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:00 Bridge 3FL 3:30 Rosary C 4:00 Happy Hour LL</p> | <p>19 9 AM Shopping (Wal-Mart) 2nd Floor: 11:00 Bunco A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 1:30 Will Bowling E 3:30 Rosary C</p> | <p>20 2nd Floor: 11:00 Trivia & Jokes HC1 1:30 Music Bingo A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p> |
| <p>21 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C 1:30 Worship & Communion Westminister Presbyterian C</p> | <p>22 2:00 Music with Janet ADR 2nd Floor: 9-10 Gift Shop Cart 11:00 Rosary A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C</p> | <p>23 Wagon Popcorn 2nd Floor: 11:00 Chair Exercise HC1 11:00 Basketball HC2 1:30 Mystery Ride 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bible Study Mol. 3:30 Rosary C</p> | <p>24 2nd Floor: 11:00 ABC Game A 1:30 Giant Kickball A 3:15 Birthday Party A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 2:30 Bingo ADR 3:30 Rosary C</p> | <p>25 10:15 Mass with Fr. Mescher C 2nd Floor: 11:00 Basketball HC1 11:00 Chair Exercise HC2 1:30 Kings Corner A 3:15 Craft: Spring Craft A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:00 Bridge 3FL 3:30 Rosary C 4:30 Happy Hour LL</p> | <p>26 9 AM Shopping (Wal-Mart) 2nd Floor: 11:00 Yachtzee A 1:30 UNO A 3:15 Ice Cream Ball A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 1:30 Ice Cream Cart 1:30 Will Bowling E 3:30 Rosary C Days of Caring</p> | <p>27 2nd Floor: 11:00 Trivia & Jokes HC1 1:30 Movie & Popcorn A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p> |
| <p>28 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C 1:30 Worship with Presbyterian Church C</p> | <p>29 2nd Floor: 9-10 Gift Shop Cart 11:00 Rosary A 3:00 Bingo A Apt: 9:30 Exercise E 11:00 Young at Heart E 1:00 Bridge 3FL 1:30 Mystery Ride 3:30 Rosary C</p> | <p>30 Wagon Popcorn 2nd Floor: 11:00 Chair Exercise HC1 11:00 Bearbag Toss HC2 1:30 Farkle A 3:15 Human Whack-a-mole A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Resident Council Mol. 3:30 Rosary C 6:30 Dollar Bingo 3FL</p> | <p>A Activity Room E Exercise Room Mol. Mollitore Room HC1 2nd Floor Nurses Station HC2 2nd Floor Nurses Station C Chapel</p> | <p>3L 3rd Floor Lounge LL Lincoln Lounge FP Front Porch ADR Apartment Dining Room FR Family Dining Room Lib. Library ST 2nd floor Sun Terrace (Patio)</p> | <p>*All participants are encouraged to wear a mask. *Activities subject to change. *Mail Delivery* Monday-Saturday *1-1 Visits and Small Group activities are done daily. *</p> | |

APRIL RESIDENT BIRTHDAYS



Julia Welter - April 2
Helen Cigrand - April 4
Harry Conzett - April 6
Mark Thetford - April 9
Fr. Mike Mescher - April 29
Peg Meyers - April 29 (101 years)
Shirley Strub-Baker - April 30



**APRIL STAFF
EMPLOYMENT ANNIVERSARIES**



Emma Powers - April 7 (1 year)
Aryana Birch - April 14 (4 years)
Takeavia "Missy" Miller - April 20 (4 years)
Lillian "Lil" Dryer - April 25 (11 years)
Sandra "Sue" Nadermann - April 27 (7 years)

APRIL STAFF BIRTHDAYS



Eliza Ludovissy - April 8
Sidney Kramer - April 8
Terry Turnmeyer - April 8
Haley Donovan - April 10
Teya Witter - April 11
Dee Allan - April 12
Laurie Kotz-Picray - April 13
Venessa Kimbriel - April 15
Tracy Troester - April 23
Charlotte Leick - April 26
Joan Hoerner - April 28
Nicole Ware - April 28



WELCOME
**JOIN US IN WELCOMING OUR
NEWEST RESIDENTS**

Ralph and Ruth Scharnau
Dr. David Bieri
Sandy O'Halloran
Jayne Siegert

Thank You

Donations:
Community Foundation of Greater Dubuque
The Cody Family Fund



HOLIDAYS AND SPECIAL PROGRAMMING

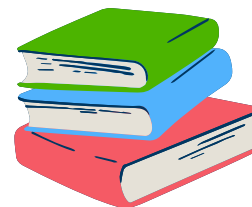
April 2: 9:30 a.m. - Shopping at Walgreen's (Apartment Residents)

April 12: 12 p.m. - Happy Joe's Dine-In (Apartment Residents)

April 19: 12 p.m. - Happy Joe's Dine-In (Healthcare Residents)

April 23: 1:30 p.m. - Mystery Ride (Healthcare Residents)

April 29: 1:30 p.m. - Mystery Ride (Apartment Residents)



CARNEGIE STOUT LIBRARY

Every month, Carnegie Stout brings in a variety of books to Bethany Home. The books are located in the cabinet by the Front Desk. Please see receptionist to check out books.

THANK YOU VOLUNTEERS



April 21-27 marks Volunteer Appreciation Week, and at Bethany Home, we're taking a moment to extend our deepest gratitude to all our wonderful volunteers! From the bottom of our hearts, thank you for your dedication, compassion, and unwavering support. Your presence enriches the lives of our residents in countless ways, bringing joy, companionship, and a sense of community to our home.

As we celebrate this special week, we also extend a warm welcome to new volunteers who are eager to join our team. Whether it's attending church services, join outings, or participating in games, your involvement makes a difference.

To become a volunteer or learn more, please contact Dana Klein at 563.556.5233 or dklein@bethanyhomedubuque.org.

The Care Conference helps the "care team" – everyone involved in the resident's care – share information and work together to design the Care Plan. Meetings are Thursday afternoons located in the Molitore Room on first floor beginning at 1 p.m. held in 20-minute sessions. Please contact Joan Hoerner at 563-556-5233 (ext. 213) to schedule a time to join in on the conference.

April 4
M-8-P.S.
244-P.E.
223-D.O.
214-V.L.

April 11
225-E.G.
218-M.J.T.
217-L.H.
212-B.B.
207-D.M.
216-I.D.
208-D.M.

April 18
238-M.C.
241-M.M.
243-M.A.H.
213-M.K.
236-L.H.
230-M.N.

April 25
251-E.G.
M-10-R.K.
254-L.N.
M-1-A.H.
224-M.D.
211-S.S.B.

JOKE

OF THE MONTH

Why did the golfer bring two pairs of pants?
In case he got a hole in one!

With Deepest Sympathy

Our Sincere Sympathy to the Family and Friends of:
Aleen Dirschel, Mary Lou Kulpinski,
Joanne "Jo Jo" Garner, Mary Ann Bednar

Donations in Memory of:
Aleen Dirschel from Marilyn Conklin

