



# 100 YEARS OF SERVING THE COMMUNITY

## MAY 2026 IN THIS ISSUE

A Note From Your Administrator

Birthdays and Anniversaries

Joke of the Month

This Month at Bethany

Care Conference Schedule

Calendar

Dear Bethany Home Community,

Spring is in full bloom at Bethany Home, and with it comes a season full of activity, connection, and community.

We're looking forward to a special event this month—our first-ever Bethany Home Car Show on Thursday, May 14 from 1–4 p.m. The event will take place right in front of the building along Lincoln Avenue. Guests can enjoy a variety of classic and unique vehicles, along with live music, refreshments, and guided tours of our community. It's a wonderful opportunity to gather, connect, and experience all that Bethany Home has to offer. We hope you'll join us—and feel free to invite family and friends.

Later in the month, we invite you to be part of something meaningful. Great Give Day takes place on May 20, and this year, we are raising funds to support chapel renovations at Bethany Home. The chapel is a cherished space for reflection, prayer, and gathering, and these updates will help ensure it continues to serve residents in a comfortable and welcoming way for years to come. If you feel called to give, every gift—no matter the size—will make a meaningful impact.

May is also a time to recognize the incredible individuals who make Bethany Home so special. During Nurses Week and National Nursing Home Week, we celebrate our dedicated caregivers and staff who bring compassion, dignity, and joy to our residents each and every day. Their commitment does not go unnoticed, and we are deeply grateful for all they do.

Thank you for being part of the Bethany Home family. Wishing you a wonderful month of May and a beautiful start to the summer season.

Warm Regards,  
Sue Westmark, RN, BSN-LNHA  
Administrator  
Phone: 563-556-5233

# May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HC2 2<sup>nd</sup> Floor Nurses Station 3L 3<sup>rd</sup> Floor Lounge LL Lincoln Lounge FP Front Porch A Activity Room E Exercise Room Mol. Molitore Room HC1 2<sup>nd</sup> Floor Nurses Station</p>	<p>ST 2<sup>nd</sup> Floor Sun Terrace (Patio) FR Family Dining Room C Chapel ADR Apartment Dining Room</p> <p>*Activities subject to change* *Mail Delivery* Monday-Saturday</p>	<p>Popcorn Wagon Mexican Food &amp; Margaritas 2:00 Music with Gail (ADR)</p>	<p>2:00 Music with Ron Lubbers ADR</p>	<p>10:15 Mass C</p>	<p>9 AM Shopping (Wal-Mart) 2<sup>nd</sup> Floor: 11:00 Bunco A 1:30 Horseshoes A 3:15 Kentucky Derby Party: Horse Races &amp; Mint Juleps A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C 5:30 Mint Juleps on the Front Porch DERBY DAY Dress Up &amp; Wear a Fanny Hat</p>	<p>9 AM Shopping (Wal-Mart) 2<sup>nd</sup> Floor: 11:00 Yantzee A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C</p>
<p>3 Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with St. Peter Lutheran Church C</p>	<p>4 2<sup>nd</sup> Floor: 11:00 Music with Lou A 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 1:30 Resident Council Mol. 3:30 Rosary C</p>	<p>5 Popcorn Wagon Mexican Food &amp; Margaritas 2:00 Music with Gail (ADR)</p>	<p>6 2:00 Music with Ron Lubbers ADR</p>	<p>7 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC2 1:30 Sevens/Crazy 8's A 3:15 Craft: Tulip Door Decor A Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C</p>	<p>8 9 AM Shopping (Wal-Mart) 2<sup>nd</sup> Floor: 11:00 Yantzee A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C</p>	<p>9 2<sup>nd</sup> Floor: 11:00 Mother's Day Trivia and Reminiscing A 1:30 Card Bingo HC1 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>10 Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with Arbor Oaks Bible Church C Mother's Day</p>	<p>11 10:00 Mass with Divine Word College C 2:00 Fun and Unusual Games *Guaranteed Laughs* ADR 2<sup>nd</sup> Floor: 11:00 Chair Volleyball A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 3:30 Rosary C</p>	<p>12 2:00 Color Walk *Come Cheer Us On* Ambulance Entrance 2<sup>nd</sup> Floor: 10:00 Euchre A 11:00 Chair exercise HC1 Apt: 9:30 Exercise E 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C</p>	<p>13 2:00 Magician ADR</p>	<p>14 1-4 Car Show, Music with Becky, and Refreshments Lincoln Avenue 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC2 Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C Nursing Home Week Wear your BH Car Show Shirt</p>	<p>15 9 AM Shopping (Wal-Mart) 2:00 Music with Janet and Root Beer Floats 2<sup>nd</sup> Floor: 11:00 Frisbee A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C Nursing Home Week Opposites: Dress like a Resident/Staff</p>	<p>16 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>17 Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with Bread of Life C</p>	<p>18 10:00 Mass with Divine Word College C 2<sup>nd</sup> Floor: 11:00 Resident Council A 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 11:00 Young at Heart E 1:30 Mystery Ride 3:30 Rosary C</p>	<p>19 Popcorn Wagon 2<sup>nd</sup> Floor: 10:00 Euchre A 11:00 Chair exercise HC1 1:30 Mystery Ride 3:15 Science Experiments A Apt: 9:30 Exercise E 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C</p>	<p>20 2<sup>nd</sup> Floor: 11:00 Rosary A 1:30 Magazine Scavenger Hunt A 3:15 Cooking Demo: Spring Rice Krispies A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C</p>	<p>21 1-4 Car Show, Music with Becky, and Refreshments Lincoln Avenue 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC2 Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C Nursing Home Week Wear your BH Car Show Shirt</p>	<p>22 9 AM Shopping (Wal-Mart) 2<sup>nd</sup> Floor: 11:00 Bunco A 1:30 Right Left Center A 3:15 Birthday Party A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Ice Cream Cart 1:30 Wii Bowling E 3:30 Rosary C 11-1-La Patrona Teo Wuey Food Truck</p>	<p>23 2<sup>nd</sup> Floor: 11:00 Noodle Ball A 1:30 Music Bingo A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>24 Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C</p>	<p>25 Apt: 9:30 Exercise E 11:00 Young at Heart E 3:30 Rosary C Memorial Day</p>	<p>26 Popcorn Wagon 2<sup>nd</sup> Floor: 10:00 Euchre A 11:00 Chair exercise HC1 3:00 Bingo A Apt: 9:30 Exercise E 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C</p>	<p>27 2<sup>nd</sup> Floor: 11:00 Rosary A 1:30 Chicken Foot A 3:15 Cooking Demo: Raspberry Lemon Cheesecake Snack Bites A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C</p>	<p>28 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC2 1:30 Nails and Tales A 3:15 Spring Craft A Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C 3:30 Banana Splits on the Front Porch 11-1 Hibachi Time Food Truck</p>	<p>29 9 AM Shopping (Wal-Mart) 2:00 Music with Older and Bolder ADR 2<sup>nd</sup> Floor: 11:00 Yantzee A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C</p>	<p>30 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>31 Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C</p>	<p>10:15 Mass C</p>	<p>10:15 Mass C</p>	<p>2:00 Music with Janet and Root Beer Floats</p>	<p>10:15 Mass C</p>	<p>9 AM Shopping (Wal-Mart) 2:00 Music with Older and Bolder ADR 2<sup>nd</sup> Floor: 11:00 Yantzee A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C</p>	<p>9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>

**MAY RESIDENT BIRTHDAYS**



Marge Nauman – May 3 (103 years)  
 Jane Theodore – May 5  
 Anita Gulyash – May 7  
 John Sunseri – May 9  
 Marv Miller – May 13 (100 years)  
 Harry Welter – May 21  
 Barb Strathman – May 23



**MAY STAFF**

**EMPLOYMENT ANNIVERSARIES**



Shelley Mess – May 1 (36 years)  
 Preeti Chugh – May 1 (7 years)  
 Heather White – May 6 (28 years)  
 Madison Henry – May 7 (1 year)  
 Cindi Weber – May 9 (38 years)  
 Erin Buxton – May 17 (9 years)  
 Joan Hoerner – May 19 (34 years)  
 Daphne Grubb – May 21 (2 years)  
 Alysia Kunkel – May 22 (3 years)  
 Belle Miller – May 24 (2 years)  
 Blake Sieverding – May 29 (1 year)



Donna Bauer  
 Jean Connolly  
 Enos Matson  
 LouAnn O’Hea  
 Bill Sauser  
 John Walsh  
 Donnie Wiederholt



**MAY STAFF BIRTHDAYS**



Karly Cerda – May 4  
 Jacob Harle – May 9  
 Michael Morgan – May 16  
 Blake Sieverding – May 19  
 Brian Troester – May 19  
 Syndey Winders – May 20  
 Joyce Budde – May 21  
 Damien Nelson – May 22  
 Jammie Hyde – May 27  
 Katie Erickson – May 28



**JOKE**

**OF THE MONTH**

Can February March?

No, but April May!

**OUTINGS AND SPECIAL EVENTS**

- May 1: Kentucky Derby Day (See Activity Calendar for Events)
- May 5: Cinco De Mayo Luncheon – Mexican Food and Margaritas
- May 5: 9:30 a.m. – Shopping at Walgreens (Apartment Residents)
- May 10: Mother’s Day
- May 11–15: Nursing Home Week
- May 11: 2 p.m. – Fun and Unusual Games (ADR)
- May 12: 2 p.m. – Color Walk/Run (Ambulance Entrance)
- May 13: 11 a.m.–1 p.m. – Sour Joe Food Truck (Lincoln Ave.)
- May 13: 2 p.m. – Magician and Marv’s 100<sup>th</sup> Celebration (ADR)
- May 14: 1–4 p.m. – Car Show (Lincoln Ave.)
- May 15: 2 p.m. – Music with Janet & Root Beer Floats (Ambulance Entrance)
- May 18: 1:30 p.m. – Mystery Ride (Apartment Residents)
- May 19: 1:30 p.m. – Mystery Ride (Healthcare Residents)
- May 22: 11 a.m.–1 p.m. – La Patrona Taco Wuey Food Truck (Lincoln Ave.)
- May 25: Memorial Day
- May 28: 11 a.m.–1 p.m. – Hibachi Time Food Truck (Lincoln Ave.)
- May 29: 9 a.m. – Voting (Molitore Room)



**Bethany Cookbook Submissions**

We’re making a Bethany Home Cookbook! If you would like to submit a recipe please stop by the front desk for a submission form. Recipes are due by June 19.

**DONATIONS TO BETHANY:**

John & Teri Hawks Goodman-Chapel Renovations  
 Bread Maker for the Memory Care Unit in Memory of  
 Marcelene Miller from Sue Westmark

**DONATIONS IN MEMORY OF:**

Donna Miller in Memory of Marilyn Conklin  
 John & Nancy Ferry in Memory of Helen Scheppele  
 Cathleen Claussen & Sharon Kress in Memory of Miriam White  
 Sue Westmark, Mike Brannon, Kevin & Barbara Kehl, Dr. Cynthia Waters, Alison  
 & Lisa Henry & Janet Hayertz in Memory of Mary Lou Brannon

**CARE  
 CONFERENCE  
 SCHEDULE**

The Care Conference helps the “care team” – everyone involved in the resident’s care – share information and work together to design the Care Plan. Meetings are Thursday afternoons located in the Molitore Room on first floor beginning at 1 p.m. held in 20-minute sessions. Please contact Joan Hoerner at 563-556-5233 (ext. 213) to schedule a time to join in on the conference.

May 7

No Care Conference

May 14

No Care Conference

May 21

216-R.R.  
 227-J.H.  
 219-E.G  
 242-D.B.  
 204-M.O.

May 28

251-E.M.  
 228-M.M.  
 222-R.A.  
 226-M.E.  
 225-S.W.

**GREAT GIVE DAY MAY 20**



On Wednesday, May 20, we invite you to support Bethany Home during Great Give Day! This year, your gift will help fund chapel renovations, enhancing a space that is deeply meaningful for reflection, worship, and community gatherings. Every donation, big or small, helps us reach our goal and make a lasting impact. To give, visit: [greatgiveday.org](http://greatgiveday.org) and search Bethany Home.

*With Deepest Sympathy*

**OUR SINCERE SYMPATHY TO  
 THE FAMILY AND FRIENDS OF:**

Bernice Brandel  
 Mary Lou Brannon  
 Marilyn Conklin  
 Delores Stillmunkes