



103 YEARS OF SERVING THE COMMUNITY



Dear Bethany Home Community,

As summer fades and school buses once again roll through our neighborhoods, we welcome the energy and possibility of a new season. Whether you’re a grandparent waving to little ones heading off to school or simply enjoying the cooler mornings and first signs of fall, September is a wonderful reminder of fresh beginnings and meaningful routines.

This Labor Day, we take a moment to recognize the dedication of our incredible staff. The care, compassion and hard work you bring to Bethany each day make a difference in the lives of our residents and their families. We are fortunate to have such a committed team and grateful for all you do.

There is plenty to look forward to at Bethany this month! Our September calendar is filled with favorite activities and a few special outings, including picnics on the front porch, live music, shopping trips, a lunch at Eagle Point Park and a lunch outing to River Rock Kitchen & Tap. We’ll also welcome La Patrona Taco Wuey and Delaney’s Ice Cream Truck for some special treats. Of course, there will be plenty of opportunities for exercise, games, crafts, worship, socializing and simply enjoying time together.

September also brings Grandparents Day on September 13. It’s a special opportunity to celebrate the grandparents and grand-friends who have shared their love, wisdom, stories and traditions with generations of family and friends.

Speaking of traditions, we are excited to share that our Bethany cookbook will be available for purchase in October!Thank you to everyone who contributed recipes, stories, memories and family favorites. This project has truly been a labor of love, and we can’t wait to see these treasured recipes gathered together in one place and shared for years to come.

As we head into fall, I hope you’ll take time to enjoy everything the season brings and the many opportunities we have to spend time together here at Bethany. Thank you to our residents, families, staff, volunteers and friends for continuing to make Bethany such a special community.

Wishing you a wonderful September!
Sue Westmark, LNHA, RN-BSN
Administrator
Phone: 563-556-5233

SEPTEMBER 2026
IN THIS ISSUE

A Note From Your Administrator

Birthdays and Anniversaries

Joke of the Month

This Month at Bethany

Care Conference Schedule

Calendar

September 2026

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
HC2 2 nd Floor Nurses Station 3L 3 rd Floor Lounge LL Lincoln Lounge FP Front Porch A Activity Room E Exercise Room		HC1 2 nd Floor Nurses Station ST 2 nd floor Sun Terrace (Patio) FR Family Dining Room C Chapel ADR Apartment Dining Room Mol. Moltore Room		1 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 1:30 Right Left Center A 3:15 Are You Smarter Than a 5 th Grader A Apt: 9:30 Exercise, E 9:30 Shopping at Walgreens 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C		2 2 nd Floor: 2:00 Music with Ron Lubbers 2 nd Floor: 11:00 Bible Study A 11:00 Bible Study A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C 3:30 Happy Hour LL		3 2 nd Floor: 9:00 Voling Mol. 2 nd Floor: 11:00 Chair Exercise HC2 1:30 Rosary A 3:15 Cooking Demo: Apple Dip A Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C		4 2 nd Floor: 11:00 Bunco A 3:15 Noodle Ball A 3:15 Card Bingo A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C 1-3 Delaney's Ice Cream Truck		5 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
6 2 nd Floor: 10:15 Mass C Apt: 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with St. Peter Lutheran Church C		7 2 nd Floor: Independent activities at Nurse's Stations Apt:9:30 Exercise E 11:00 Young at Heart E 3:30 Rosary C Labor Day		8 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 1:30 Mystery Ride 3:15 Craft: Flower Paintings A Apt: 9:30 Exercise, E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C		9 2 nd Floor: 11:00 Bible Study A 1:30 Crazy 8's/Sevens A 3:15 Make Your Point A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 1:30 Shopping at Marshalls 3:30 Rosary C 3:30 Happy Hour LL		10 2 nd Floor: 2:00 Music with Gail ADR 2 nd Floor: 11:00 Chair Exercise HC2 Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C		11 2 nd Floor: 11:00 Yantzee A 3:15 Rosary A 3:15 Music with John A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 1:30 Resident Council Mol. 1:30 Wii Bowling E 3:30 Rosary C		12 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
13 2 nd Floor: 10:15 Mass C 11:15 Trivia and Jokes HC1 3:30 Jingo A Apt: 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with Abor Oaks Church C		14 2 nd Floor: Word College C 11:00 Music with Lou A 1:30 Nails and Tales A 3:00 Bingo A Apt:9:30 Exercise E 11:00 Young at Heart E 3:30 Rosary C		15 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 3:15 Cooking Demo: Apple Spice Muffins A Apt: 9:30 Exercise, E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C		16 2 nd Floor: 11:00 Bible Study A 1:30 Magazine Scavenger Hunt A 3:15 Chicken Foot A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C 3:30 Happy Hour LL		17 2 nd Floor: 2:00 Music with Chris Ross ADR 2 nd Floor: 11:00 Chair Exercise HC2 Apt: 9:30 Exercise E 10:30 Euchre 3FL 11:30 Lunch at River Rock Kitchen & Tap 3:30 Rosary C 5:30 Root Beer Float Social FP		18 2 nd Floor: 11:00 Farkle A 1:30 Rosary A 3:15 Root Beer Float Social A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 1:30 Ice Cream Cart 1:30 Wii Bowling E 3:30 Rosary C 11-1 La Patrona Taco Wuey		19 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
20 2 nd Floor: 10:15 Mass C Apt: 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with Bread of Life Church C		21 2 nd Floor: Word College C 11:00 Resident Council A Apt:9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 3:00 Margarita Monday FP 3:30 Rosary C		22 2 nd Floor: 11:30 Lunch at Eagle Point Park 10:00 Euchre A 11:00 Chair exercise HC1 1:30 Put and Take 3:15 Science Experiments A Apt: 9:30 Exercise, E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C		23 2 nd Floor: 11:00 Bible Study A 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C 3:30 Happy Hour LL First Day of Autumn		24 2 nd Floor: 11:00 Chair Exercise HC2 1:30 Rosary A 3:15 Craft: Sunburst Mirror A Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C 6:30 Dollar Bingo 3FL		25 2 nd Floor: 11-1 Walking Tacos LL ADR 2:00 Music with Older and Bolder ADR 2 nd Floor: 11:00 Bunco A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body & Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C		26 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
27 2 nd Floor: 10:15 Mass C 11:15 Trivia and Jokes HC2 1:30 Music Bingo A Apt: 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C		28 2 nd Floor: Word College C 2:00 Music with Janet ADR 11:00 Toss Your Card A Apt: 9:30 Exercise E 11:00 Young at Heart E 3:00 Margarita Monday FP 3:30 Rosary C		29 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 3:15 Birthday Party A Apt: 9:30 Exercise, E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C		30 2 nd Floor: 11:00 Bible Study A 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 1:30 Mystery Ride 3:30 Rosary C 3:30 Happy Hour LL						*Activities subject to change *	



SEPTEMBER RESIDENT BIRTHDAYS



Allan Ede - September 9
Rita Montgomery - September 10
Madonna Kramer - September 10
Ed Dausener - September 15
Carolyn Hildebrand - September 16
Ann Schute - September 17
Marilyn Blix - September 19
Walt Pregler - September 19
Joe Byrne - September 23



SEPTEMBER STAFF BIRTHDAYS



Shane Vargas - September 1
Tatiana Honkomp - September 1
Mercedes Garcia-Rondon - September 4
Natalie Breen - September 4
Dorothy Carter - September 8
Trinna Echavez Manolos - September 18
Kiersten Puccio - September 21
Shantelle Margeson - September 26
Vicki Kotz - September 26



Welcome

Thelma Hummel
John Huseman
Gerry Welbes
Janet Heer

With Deepest Sympathy



OUR SINCERE SYMPATHY TO THE
FAMILY AND FRIENDS OF:

Lorraine Schuster
Rachel Avenarius

SEPTEMBER STAFF EMPLOYMENT ANNIVERSARIES



Terry Turnmeyer - September 2 (12 years)
Tierra Crump - September 2 (1 year)
Mary Spahn - September 6 (1 year)
Tiffany LaFayette - September 7 (8 years)
Fo Rujchanarong - September 9 (2 years)
Candi Tigges - September 14 (5 years)
Mercedes Garcia-Rondon - September 14 (5 years)
Sophia Martinez - September 17 (2 years)
Ann Smith - September 18 (20 years)
Jill Kirkpatrick - September 19 (24 years)
Shawn Carroll - September 22 (12 years)
Kenny Palm - September 25 (1 year)
Brian Troester - September 30 (2 years)

JOKE OF THE MONTH

How do you mend a broken pumpkin?

With a pumpkin patch!

Bench Dedication for Mary and Kenneth Neuhaus
Followed by a small reception.
Hosted by Cathy Dolphin and Family

Sunday September 13th 3:00 PM
Memory Garden/Lincoln Lounge

Thank You

Donations in Memory of:
Denise Dolan in memory of Mary Neuhaus
Linda Murray, Carolyn Collins and Ron Helle
in memory of Donna Miller
Donna Wolfe in memory of Mary Lou Brannon

Fresh Colorado Peaches from
Gary & Colleen Foust

OUTINGS AND SPECIAL EVENTS

- September 1: 9:30 am - Shopping at Walgreens, Apartment Residents
- September 3: 9:00 am - Voting, Molitore Room
- September 4: 1-3 pm - Delaney’s Ice Cream Truck, Lincoln Avenue
- September 7: Labor Day
- September 8: 1:30 pm - Mystery Ride, Healthcare Residents
- September 9: 1:30 pm - Shopping at Marshalls
- September 17: 11:30 am - Lunch at River Rock Kitchen & Tap
- September 18: 11 am-1 pm - La Patrona Taco Wuey Food Truck, Lincoln Avenue
- September 22: 11:00 am - Picnic at Eagle Point Park
- September 23: First Day of Autumn
- September 25: 11:00 am-1:00 pm - Walking Tacos, Lincoln Avenue
(Proceeds go towards Alzheimer’s Association)
- September 30: 1:30 pm - Mystery Ride, Apartment Residents



VOLUNTEERS NEEDED

Bethany Home is looking for volunteers to help bring joy, connection, and support to our residents. Opportunities include Pet Therapy, Spiritual Guidance and Bible Study, the Popcorn Wagon, Nails, Friendly Visits, Outings, and the Ice Cream Cart. Whether you can give a little time or a lot, we would love to have you involved!

Please contact Dana for more information at 563-556-5233.



GIFT SHOP

We have cards, snacks, pop, and a few toiletry items for sale. Bethany Home apparel and koozies are also available. The receptionist would be happy to help you at any time if you would like to look or purchase anything.