

# 100 YEARS OF SERVING THE COMMUNITY



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Dear Bethany Home Community,

As we welcome the month of March, we're gearing up for a season of new beginnings and celebrations here at Bethany Home. With the arrival of spring on March 19, we look forward to the promise of warmer days and blooming flowers bringing renewed energy and hope to our community.

Don't forget to set your clocks forward for daylight savings on March 10! It's a sure sign that brighter days are ahead as we gain that extra hour of sunlight in the evenings.

March also brings with it two beloved holidays – St. Patrick's Day and Easter. Let's embrace the spirit of St. Patrick's Day with a little extra luck and laughter, and may Easter bring joy, peace, and renewal to each one of us.

I'm delighted to announce that our annual Bethany Home Employee Appreciation party will take place on March 29. This is a wonderful opportunity for us to show our gratitude to the dedicated staff who work tirelessly to make Bethany Home a warm and welcoming place for all. If you'd like to contribute to the employee appreciation fund, your generosity will be greatly appreciated and included in the gift to our hardworking staff.

Wishing you all a March filled with warmth, happiness, and gratitude.

Warm regards,  
Sue Westmark, RN, BSN-LNHA  
Administrator  
Phone: 563-556-5233

# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A Activity Room E Exercise Room Mol, Moltire Room HC1 2<sup>nd</sup> Floor Nurses Station HC2 2<sup>nd</sup> Floor Nurses Station C Chapel</p>	<p>3L 3<sup>rd</sup> Floor Lounge LL Lincoln Lounge FP Front Porch ADR Apartment Dining Room FR Family Dining Room Lib. Library ST 2<sup>nd</sup> floor Sun Terrace (Patio)</p>		<p>*All participants are encouraged to wear a mask. * *Activities subject to change.*</p> <p>*Mail Delivery* Monday-Saturday</p>	<p>1:1 Visits and Small Group activities will be done daily from 9-10:30 and 1:00-4:00. Activities include playing a variety of different card and dice games, doing arts and crafts, listening to virtual concerts, mass, and rosary, exercises, etc.</p>	<p>1 9AM Shopping (Wal-Mart) 2<sup>nd</sup> Floor: 11:00 Yahrzee A 1:30 Chair Volleyball A 3:15 Science Experiments A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body &amp; Soul Exercise E 1:30 Ice Cream Cart 1:30 Wii Bowling E 3:30 Rosary C</p>	<p>2 2<sup>nd</sup> Floor: 11:00 Trivia &amp; Jokes HC1 1:30 Sing Along A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>3 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C</p>	<p>4 2<sup>nd</sup> Floor: 9-10 Gift Shop Cart 11:00 Rosary A 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C</p>	<p>5 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC1 11:00 Ballroom Ball HC2 1:30 Right Left Center A 3:15 Are you Smarter Than a 5<sup>th</sup> Grader? A Apt: 9:30 Exercise E 9:30 Shopping at Walgreens 10:30 Euchre 3FL 1:30 Bible Study Mol. 3:30 Rosary C</p>	<p>6 2:00 Music with Ron Lubbers ADR 2<sup>nd</sup> Floor: 11:00 Resident Council A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C</p>	<p>7 10:15 Mass with Fr. Mescher C 2<sup>nd</sup> Floor: 11:00 Ballroom Ball HC1 11:00 Chair Exercise HC2 1:30 Crazy 8's A 3:15 St. Patty's Day/Craft A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:00 Bridge 3FL 3:30 Rosary C 4:00 Happy Hour LL</p>	<p>8 9AM Shopping (Wal-Mart) 11:00 Music at St. Lukes 2:00 Music with Chris Ross ADR 2<sup>nd</sup> Floor: 11:00 Bunco A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C</p>	<p>9 2<sup>nd</sup> Floor: 11:00 Trivia &amp; Jokes HC2 Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>10 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C 1:30 Worship with Arbor Oaks Bible Church C Daylight Saving Time Begins *Turn clocks ahead 1 hour*</p>	<p>11 2<sup>nd</sup> Floor: 9-10 Gift Shop Cart 11:00 Rosary A 3:00 Bingo A Apt: 9:30 Exercise E 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C 5:30 Shamrock Shakes LL</p>	<p>12 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC1 11:00 Boss Toss HC2 1:30 Put and Take A 3:15 Music with John ADR Apt: 9:30 Exercise E 10:30 Euchre 3FL 12:00 Panera Bread Dine-in 1:30 Bible Study Mol. 3:30 Rosary C</p>	<p>13 2<sup>nd</sup> Floor: 11:00 Stic-man Word Game and Mad About Math A 1:30 Farkel A 3:15 Make Your Point A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 2:30 Bingo ADR 3:30 Rosary C</p>	<p>14 10:15 Mass with Fr. Mescher C 1:30 McNulty Irish Dancers ADR 2<sup>nd</sup> Floor: 11:00 Boss Toss HC1 11:00 Chair Exercise HC2 3:15 Cooking: Lucky Brownies A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:00 Bridge 3FL 3:30 Rosary C 4:00 Happy Hour LL</p>	<p>15 9AM Shopping (Wal-Mart) 11:00 Music at St. Lukes 1:30 Panning for REAL GOLD A 3:15 Shamrock Shakes A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body &amp; Soul Exercise E 1:30 St. Patty's Day Ice Cream Cart 1:30 Wii Bowling E 3:30 Rosary C *Wear Green for St. Patty's Day*</p>	<p>16 2<sup>nd</sup> Floor: 11:00 Trivia &amp; Jokes HC1 1:30 St. Patty's Day Games A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>17 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C 1:30 Worship &amp; Communion Westminister Presbyterian C St. Patrick's Day *Wear Green for St. Patty's Day*</p>	<p>18 2<sup>nd</sup> Floor: 9-10 Gift Shop Cart 11:00 Rosary A 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C</p>	<p>19 2:00 Music with Becky ADR 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC1 11:00 Seated Basketball HC2 Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Bible Study Mol. 3:30 Rosary C 6:30 Dollar Bingo 3FL First Day of Spring</p>	<p>20 2<sup>nd</sup> Floor: 11:00 Music with Lou A 1:30 Farkel A 3:15 Craft: Sock Bunny A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 2:30 Bingo ADR 3:30 Rosary C</p>	<p>21 10:15 Mass with Fr. Mescher C 2<sup>nd</sup> Floor: 11:00 Seated Basketball HC1 11:00 Chair Exercise HC2 1:30 March Madness Greatest Moments A 3:15 St. Patrick's Day Games A Bracket Predictions A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:00 Bridge 3FL 3:30 Rosary C 4:00 Happy Hour LL March Madness Day Wear your team's apparel!</p>	<p>22 9AM Shopping (Wal-Mart) 11:00 Music at St. Lukes 2:00 Music with Older and Bolder ADR 2<sup>nd</sup> Floor: 11:00 Bunco A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body &amp; Soul Exercise E 1:30 Wii Bowling E 3:30 Rosary C</p>	<p>23 2<sup>nd</sup> Floor: 11:00 Trivia &amp; Jokes HC2 1:30 Movie and Popcorn A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>
<p>24 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C 1:30 Worship with Freshyrian Church C Palm Sunday Easter 9:30 Livestreaming with Westminister Presbyterian Mol. 10:15 Mass w/ Fr. Mescher C 11:00 Rosary C</p>	<p>25 2:00 Music with Janet ADR 2<sup>nd</sup> Floor: 9-10 Gift Shop Cart 11:00 Rosary A Apt: 9:30 Exercise E 11:00 Young at Heart E 1:00 Bridge 3FL 3:30 Rosary C</p>	<p>26 2<sup>nd</sup> Floor: 11:00 Chair Exercise HC1 11:00 Noodle Ball HC2 12:00 Panera Bread Dine-in 1:30 Toss Up A 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:30 Resident Council Mol. 3:30 Rosary C</p>	<p>27 2<sup>nd</sup> Floor: 11:00 Giant Kickball A 1:30 Farkel A 3:15 Music with Terry A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C</p>	<p>28 10:15 Mass with Fr. Mescher C 2<sup>nd</sup> Floor: 11:00 Noodle Ball HC1 11:00 Chair Exercise HC2 1:30 Sevens A 3:15 Birthday Party A Apt: 9:30 Exercise E 10:30 Euchre 3FL 1:00 Bridge 3FL 3:30 Rosary C 4:00 Happy Hour LL</p>	<p>29 9AM Shopping (Wal-Mart) 11:00 Music at St. Lukes 1:30 UNO A 3:15 Coloring Easter Eggs A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Body &amp; Soul Exercise E 1:30 Ice Cream Cart 1:30 Wii Bowling E 3:30 Rosary C Good Friday</p>	<p>30 2<sup>nd</sup> Floor: 11:00 Bunny Furnies and Easter Trivia HC1 1:30 Sing Along A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL</p>



MARCH RESIDENT BIRTHDAYS

- Ernest Gutierrez - March 2
- Adelene Hefel - March 8
- Rita Hodge - March 9
- Marnie Hayden - March 13
- Cathy O'Hare - March 14
- Marilyn Blanchard - March 22
- Mary Theisen - March 22
- Chris Link - March 24
- Diana Frick - March 25
- Joanne Garner - March 25
- Miriam White - March 25



MARCH STAFF EMPLOYMENT ANNIVERSARIES

- Virginia "Ginger" Weidemann - March 1 (3 years)
- Avery Setter - March 6 (3 years)
- Timothy "Tim" Ruble - March 16 (1 year)
- Abbi Strathman - March 25 (4 years)
- Shannon Brimeyer - March 28 (17 years)
- Christine Jackson - March 29 (1 year)
- Sherrell Lee - March 29 (1 year)
- Joan Reinsbach - March 31 (21 years)



MARCH STAFF BIRTHDAYS

- Arianna Fiedler - March 1
- Kathy Payne - March 1
- Alysia Kunkel - March 3
- Sherri Gansemer - March 2
- Sue Westmark - March 7
- Issac Strong - March 10
- Erin Buxton - March 16
- Emily Potter - March 19



MARCH WEDDING ANNIVERSARIES

Mike and Vi Elliot - March 5



Help us welcome our newest residents!

Mary Ann Bednar  
Mary Schwartz



Thank You

Donations:  
Mike & Sue Westmark

Thank you:  
John Deere for the Valentine cards  
Geri Connolly family for the puzzles



HOLIDAYS AND SPECIAL PROGRAMMING

March 5: 9:30 a.m. - Shopping at Walgreen's (Apartment Residents)

March 8: 11 a.m. - Music & Sack Lunch at St. Luke's \*Chuck Bregman, piano\*

March 10: Daylight Savings Time



March 12: 12 p.m. - Panera Bread Dine-in (Apartment Residents)



March 15 & 17: Wear green to help us celebrate St. Patty's Day. Some residents will have the chance to pan for gold and enjoy Shamrock Shakes. Check activity calendar for activity time and locations.

March 19: First day of Spring



March 21: March Madness Day! Help us kick off March Madness by wearing your favorite team's apparel! See activity calendar for a list of basketball themed activities.

March 22: 11:15 a.m. - Music & Sack Lunch at St. Luke's \*Upper Main Street Band\*

March 24: Palm Sunday



March 26: 12 p.m. - Panera Bread Dine-in (Healthcare Residents)

March 29: Good Friday

March 31: Easter



CARE CONFERENCE SCHEDULE

March 7  
228-K.N.  
252-D.G.  
209-P.D.  
248-B.T.  
235-E.D.  
205-P.K.  
M-9-D.P.

March 14  
204-M.B.  
232-D.B.  
M-2-C.K.  
206-V.E.  
M-6-H.W.  
M-4-F.S.

March 21  
M-5-B.C.  
231-M.R.  
227-M.B.  
FR-M.W.  
220-R.M.  
215-K.M.  
234-B.T.

March 28  
No Care Conference

JOKE OF THE MONTH

Why don't you ever iron a four-leaf clover?  
Because you don't want to press your luck!



With Deepest Sympathy

Our Sincere Sympathy to the Family and Friends of:  
Sharon Hamel, Marilyn Hughes & Jane Gutierrez

Donations in Memory of:  
Ethel Burns from Elizabeth Ann Sushko  
Marilyn Hughes from Marilyn Conklin

