

100 YEARS OF SERVING THE COMMUNITY



JANUARY 2026

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Dear Bethany Home Community,


As we step into 2026, I hope this year brings joy, health, and fulfillment to all. The new year is always a time for reflection and growth, and at Bethany Home, we are committed to continuing to provide exceptional care and fostering a community where everyone feels at home.

January also marks the time when we set new goals and embrace new opportunities. At Bethany Home, we are exploring innovative ways to enhance the lives of our residents and create meaningful connections within our community. From engaging activities to personalized care plans, we are committed to making 2026 a year of enrichment for everyone we serve.

To our residents and their families, thank you for trusting us to be a part of your journey. To our dedicated staff, thank you for your tireless efforts and unwavering compassion. Together, we continue to build a place where love, care, and community thrive.

Wishing you all a warm and wonderful start to the year,
Sue Westmark, RN, BSN-LNHA
Administrator
Phone: 563-556-5233

January 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HC2 2 nd Floor Nurses Station 3L 3 rd Floor Lounge LL Lincoln Lounge FP Front Porch A Activity Room E Exercise Room Mol. Moltore Room HC1 2 nd Floor Nurses Station	ST 2 nd floor Sun Terrace (Patio) FR Family Dining Room C Chapel ADR Apartment Dining Room		*Activities subject to change. * *Mail Delivery* Monday-Saturday	1 2 nd Floor: Independent Activities at Nurses Stations Apt: 9:30 Exercise E 10:15 Mass C 10:30 Euchre 3FL 3:30 Rosary C New Year's Day	2 9 AM Shopping (Wal-Mart) 2 nd Floor: 11:00 Yantzee A 1:30 Take Tree Down A 3:15 Card Bingo A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body & Soul Exercise E 1:30 Ice Cream Cart 3:30 Rosary C	3 2 nd Floor: 11:00 Crazy 8's A 1:30 Jingo A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL
4 1:30 Worship with St. Peter Lutheran Church C 2 nd Floor: 11:00 Trivia and Jokes HC-1 Apt: 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C	5 10:00 Mass with Divine World College C 2 nd Floor: 11:00 Take Tree Down HC2 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 11:00 Young at Heart E 3:30 Rosary C	6 Popcorn Wagon 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 1:30 Winter Word Game A 3:15 Sing Along A Apt: 9:30 Shopping at Walgreens 9:30 Exercise. E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C	7 2:00 Music with Ron Lubbers ADR 2 nd Floor: 11:00 Rosary A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 3:30 Rosary C 3:30 Happy Hour LL	8 2 nd Floor: 11:00 Chair Exercise HC2 1:30 Take Tree Down HC1 3:15 Cooking Demo: Cherry Cheesecake Dip A Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C 6:30 Dollar Bingo 3FL	9 9 AM Shopping (Wal-Mart) 11:15 St. Lukes Fabulous Fridays Music and Sack Lunch 2 nd Floor: 11:00 Yantzee A 1:30 Are you Smarter Than a 5 th Grader A 3:15 Ice Cream Ball A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body & Soul Exercise E 1:30 Ice Cream Cart 3:30 Rosary C	10 2 nd Floor: 11:00 Right Left Center A 1:30 Music Bingo A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
11 10:15 Mass C Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C 1:30 Worship with Arbor Oaks Bible Church C	12 10:00 Mass with Divine World College C 2 nd Floor: 11:00 Resident Council A 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 11:00 Young at Heart E 1:30 Shopping at Aldi 3:30 Rosary C	13 Popcorn Wagon 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 3:15 Hot Chocolate Social A Apt: 9:30 Exercise. E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C	14 2:00 Music with Becky ADR 2 nd Floor: 11:00 Rosary A Apt: 9:30 Exercise E 10:15 Mass C 10:30 Pie Club LL 11:00 Young at Heart E 3:30 Rosary C 3:30 Happy Hour LL	15 10:15 Mass C 2:00 Music with Chris Ross ADR 2 nd Floor: 11:00 Chair Exercise HC2 Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C	16 9 AM Shopping (Wal-Mart) 2 nd Floor: 11:00 Yantzee A 12:00 Dine-in: House of China A 1:30 Make Your Point A 3:15 Craft Apt: 9:30 Exercise E 10:15 Mass 11:00 Body & Soul Exercise E 1:30 Ice Cream Cart 3:30 Rosary C	17 2 nd Floor: 11:00 Kings Corner A 1:30 Toss Your Card A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
18 10:15 Mass C 1:30 Worship with Bread of Life C 2 nd Floor: 11:00 Trivia and Jokes HC2 Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C	19 10:00 Mass with Divine World College C 2 nd Floor: 11:00 Music with Lou A 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise E 11:00 Young at Heart E 3:30 Rosary C Martin Luther King Jr. Day	20 Popcorn Wagon 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 3:15 Craft Apt: 9:30 Exercise. E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C	21 2 nd Floor: 11:00 Rosary A 1:30 Magazine Scavenger Hunt A 3:15 Roll A Snowman Dice Game A Apt: 9:30 Exercise E 10:15 Mass C 11:00 Young at Heart E 1:15 Divine Word College 3:30 Happy Hour LL	22 10:15 Mass C 2 nd Floor: 11:00 Chair Exercise HC2 1:30 Chicken Foot A 3:15 Cooking Demo: Cream Cheese & Veggie Bagel Spread A Apt: 9:30 Exercise E 10:30 Euchre 3FL 11:30 Out to Lunch: Tony Romas 3:30 Rosary C	23 9 AM Shopping (Wal-Mart) 11:15 St. Lukes Fabulous Fridays Music and Sack Lunch 2 nd Floor: 11:00 Yantzee A 1:30 Chair Volleyball A 3:15 Music with John A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body & Soul Exercise E 1:30 Ice Cream Cart 3:30 Rosary C	24 2 nd Floor: 11:00 Put and Take A 1:30 Movie and Popcorn A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	
25 10:15 Mass C Apt. 10:00 Livestreaming with Bread of Life Mol. 11:00 Rosary C	26 10:00 Mass with Divine World College C ADR 2 nd Floor: 11:00 Chair Volleyball A Apt: 9:30 Exercise E 10:30 Nails and Tales 3FL 12:00 Dine-in: House of China 3FL 11:00 Young at Heart E 3:30 Rosary C	27 Popcorn Wagon 2 nd Floor: 10:00 Euchre A 11:00 Chair exercise HC1 1:30 Nails and Tales A 3:00 Bingo A Apt: 9:30 Exercise. E 10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C	28 2:00 Ventriquist Show By Dennis Naughton ADR 2 nd Floor: 11:00 Rosary A Apt: 9:30 Exercise E 10:15 Mass C 10:30 Pie Club LL 11:00 Young at Heart E 3:30 Rosary C 3:30 Happy Hour LL	29 10:15 Mass C 2 nd Floor: 11:00 Chair Exercise HC2 1:30 Science Experiments A 3:15 Birthday Party A Apt: 9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C 5:30 After Dinner Drink: Hoppin Hot Scotch LL	30 9 AM Shopping (Wal-Mart) 2:00 Music with Older and Bolder ADR 2 nd Floor: 11:00 Yantzee A Apt: 9:30 Exercise E 10:15 Mass 11:00 Body & Soul Exercise E 3:30 Rosary C	31 2 nd Floor: 11:00 Sevens A 1:30 Card Bingo A Apt: 9:30 Exercise E 11:00 Rosary C 1:30 Movie 3FL	

