


January 2026 Memory Care Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*1:1 Visits and Small Group activities will be done when Group activities are not in progress.	*Activities Subject to Change* *Mail Delivery Monday-Saturday*			1 AM- Chair Volleyball Bingo PM- Walking Club New Year's Resolution and Reminiscing Exercise New Year's Day	2 AM- Dice Games Exercise Class PM-Walking Club 3:15 Card Bingo A MOVIE NIGHT	3 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
4 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	5 AM-Nails and Tales 10:00 Mass with Divine Word College C PM- Walking Club 1:30 Nails and Tales A Bingo Reminiscing/Trivia	6 <i>Popcorn Day</i> AM- Parachute/Kickball Take Tree Down PM- Walking Club 3:15 Sing Along A Music and Massage	7 AM- Trivia, Jokes & Reminiscing 11:00 Rosary A PM- Walking Club 2:00 Music with Ron Lubbers ADR Coloring and Puzzles	8 AM- Chair Volleyball 10:15 Mass with Fr. Mescher C Bingo PM- Walking Club 3:15 Cooking Demo: Cherry Cheesecake Dip A Exercise	9 AM- Dice Games Exercise Class PM-Walking Club Sing Along MOVIE NIGHT	10 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
11 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	12 AM-Nails and Tales 10:00 Mass with Divine Word College C PM- Walking Club 1:30 Nails and Tales A Bingo Reminiscing/Trivia	13 <i>Popcorn Day</i> AM- Parachute/Kickball Card Games PM- Walking Club 3:15 Hot Chocolate Social A Music and Massage	14 AM- Trivia, Jokes & Reminiscing 11:00 Rosary A PM- Walking Club 2:00 Music with Becky ADR Coloring and Puzzles	15 AM- Chair Volleyball 10:15 Mass with Fr. Mescher C Bingo PM- Walking Club 2:00 Music with Chris Ross ADR Exercise	16 AM- Dice Games Exercise Class PM-Walking Club 3:15 Craft A MOVIE NIGHT	17 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
18 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	19 AM-Nails and Tales 10:00 Mass with Divine Word College C 11:00 Music with Lou A PM- Walking Club 1:30 Nails and Tales A Bingo Reminiscing/Trivia	20 <i>Popcorn Day</i> AM- Parachute/Kickball Card Games PM- Walking Club 3:15 Craft A Music and Massage	21 AM- Trivia, Jokes & Reminiscing 11:00 Rosary A PM- Walking Club 1:30 Magazine Scavenger Hunt A 3:15 Roll a Snowman A Coloring and Puzzles	22 AM- Chair Volleyball 10:15 Mass with Fr. Mescher C Bingo PM- Walking Club 3:15 Cooking Demo: Cream Cheese & Veggie Bagel Spread A Exercise	23 AM- Dice Games Exercise Class PM-Walking Club 3:15 Music with John A MOVIE NIGHT	24 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
25 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	26 AM-Nails and Tales 10:00 Mass with Divine Word College C PM- Walking Club 2:00 Music with Janet ADR Bingo Reminiscing/Trivia	27 <i>Popcorn Day</i> AM- Parachute/Kickball Card Games PM- Walking Club 1:30 Nails and Tales A Music and Massage	28 AM- Trivia, Jokes & Reminiscing 11:00 Rosary A PM- Walking Club 2:00 Ventriiloquist Show ADR Coloring and Puzzles	29 AM- Chair Volleyball 10:15 Mass with Fr. Mescher C Bingo PM- Walking Club 1:30 Science Experiments A 3:15 Birthday Party A Exercise	30 AM- Dice Games Exercise Class PM-Walking Club 2:00 Music with Older and Bolder ADR MOVIE NIGHT	31 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk

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