

# January 2026 Memory Care Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*1:1 Visits and Small Group activities will be done when Group activities are not in progress.	*Activities Subject to Change*  *Mail Delivery Monday-Saturday*			1 AM- Chair Volleyball Bingo PM- Walking Club New Year's Resolution and Reminiscing Exercise <b>New Year's Day</b>	2 AM- Dice Games Exercise Class PM-Walking Club <b>3:15 Card Bingo A</b> MOVIE NIGHT	3 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
4 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	5 AM-Nails and Tales <b>10:00 Mass with Divine Word College C</b> PM- Walking Club <b>1:30 Nails and Tales A</b> Bingo Reminiscing/Trivia	6 Popcorn Day AM- Parachute/Kickball Take Tree Down PM- Walking Club <b>3:15 Sing Along A</b> Music and Massage	7 AM- Trivia, Jokes & Reminiscing <b>11:00 Rosary A</b> PM- Walking Club <b>2:00 Music with Ron Lubbers ADR</b> Coloring and Puzzles	8 AM- Chair Volleyball <b>10:15 Mass with Fr. Mescher C</b> Bingo PM- Walking Club <b>3:15 Cooking Demo: Cherry Cheesecake Dip A</b> Exercise	9 AM- Dice Games Exercise Class PM-Walking Club Sing Along MOVIE NIGHT	10 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
11 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	12 AM-Nails and Tales <b>10:00 Mass with Divine Word College C</b> PM- Walking Club <b>1:30 Nails and Tales A</b> Bingo Reminiscing/Trivia	13 Popcorn Day AM- Parachute/Kickball Card Games PM- Walking Club <b>3:15 Hot Chocolate Social A</b> Music and Massage	14 AM- Trivia, Jokes & Reminiscing <b>11:00 Rosary A</b> PM- Walking Club <b>2:00 Music with Becky ADR</b> Coloring and Puzzles	15 AM- Chair Volleyball <b>10:15 Mass with Fr. Mescher C</b> Bingo PM- Walking Club <b>2:00 Music with Chris Ross ADR</b> Exercise	16 AM- Dice Games Exercise Class PM-Walking Club <b>3:15 Craft A</b> MOVIE NIGHT	17 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
18 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	19 AM-Nails and Tales <b>10:00 Mass with Divine Word College C</b> <b>11:00 Music with Lou A</b> PM- Walking Club <b>1:30 Nails and Tales A</b> Bingo Reminiscing/Trivia	20 Popcorn Day AM- Parachute/Kickball Card Games PM- Walking Club <b>3:15 Craft A</b> Music and Massage	21 AM- Trivia, Jokes & Reminiscing <b>11:00 Rosary A</b> PM- Walking Club <b>1:30 Magazine Scavenger Hunt A</b> <b>3:15 Roll a Snowman A</b> Coloring and Puzzles	22 AM- Chair Volleyball <b>10:15 Mass with Fr. Mescher C</b> Bingo PM- Walking Club <b>3:15 Cooking Demo: Cream Cheese &amp; Veggie Bagel Spread A</b> Exercise	23 AM- Dice Games Exercise Class PM-Walking Club <b>3:15 Music with John A</b> MOVIE NIGHT	24 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk
25 AM- Puzzles and Fun Rosary/Lord's Prayer PM- Walking Club Table Games Hymn Song	26 AM-Nails and Tales <b>10:00 Mass with Divine Word College C</b> PM- Walking Club <b>2:00 Music with Janet ADR</b> Bingo Reminiscing/Trivia	27 Popcorn Day AM- Parachute/Kickball Card Games PM- Walking Club <b>1:30 Nails and Tales A</b> Music and Massage	28 AM- Trivia, Jokes & Reminiscing <b>11:00 Rosary A</b> PM- Walking Club <b>2:00 Ventriloquist Show ADR</b> Coloring and Puzzles	29 AM- Chair Volleyball <b>10:15 Mass with Fr. Mescher C</b> Bingo PM- Walking Club <b>1:30 Science Experiments A</b> <b>3:15 Birthday Party A</b> Exercise	30 AM- Dice Games Exercise Class PM-Walking Club <b>2:00 Music with Older and Bolder ADR</b> MOVIE NIGHT	31 AM- Exercise Class Trivia, Jokes, & Reminiscing PM-Walking Club Interactive Table Games Lawrence Welk

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